

Prep Time 5 minutes

Forget endlessly cranking the handle of an ice-cream maker. After combining the ingredients, each kid can simply shake up his or her own pouch of soft serve -- and it's done in just 5 minutes.

What you'll need

- Ice cubes (enough to fill each gallon-size bag about half full)
- 1 cup half and half
- 1/2 cup salt (The bigger the granules, the better. Kosher or rock salt works best, but table salt is fine.)
- 2 tablespoons sugar
- 1/2 teaspoon vanilla extract
- 1 pint-size ziplock bag
- 1 gallon-size ziplock bag
- Your favorite mixins such as chocolate chips, cereal pieces, or fresh fruit.

How to make it

1. Combine the sugar, half and half, and vanilla extract in the pint-size bag and seal it tightly.
2. Place the salt and ice in the gallon-size bag, then place the sealed smaller bag inside as well. Seal the larger bag. Now shake the bags until the mixture hardens (about 5 minutes). Feel the small bag to determine when it's done.
3. Take the smaller bag out of the larger one, add mix-ins, and eat the ice cream right out of the bag. Easy cleanup too!

Courtesy of FamilyFun Magazine